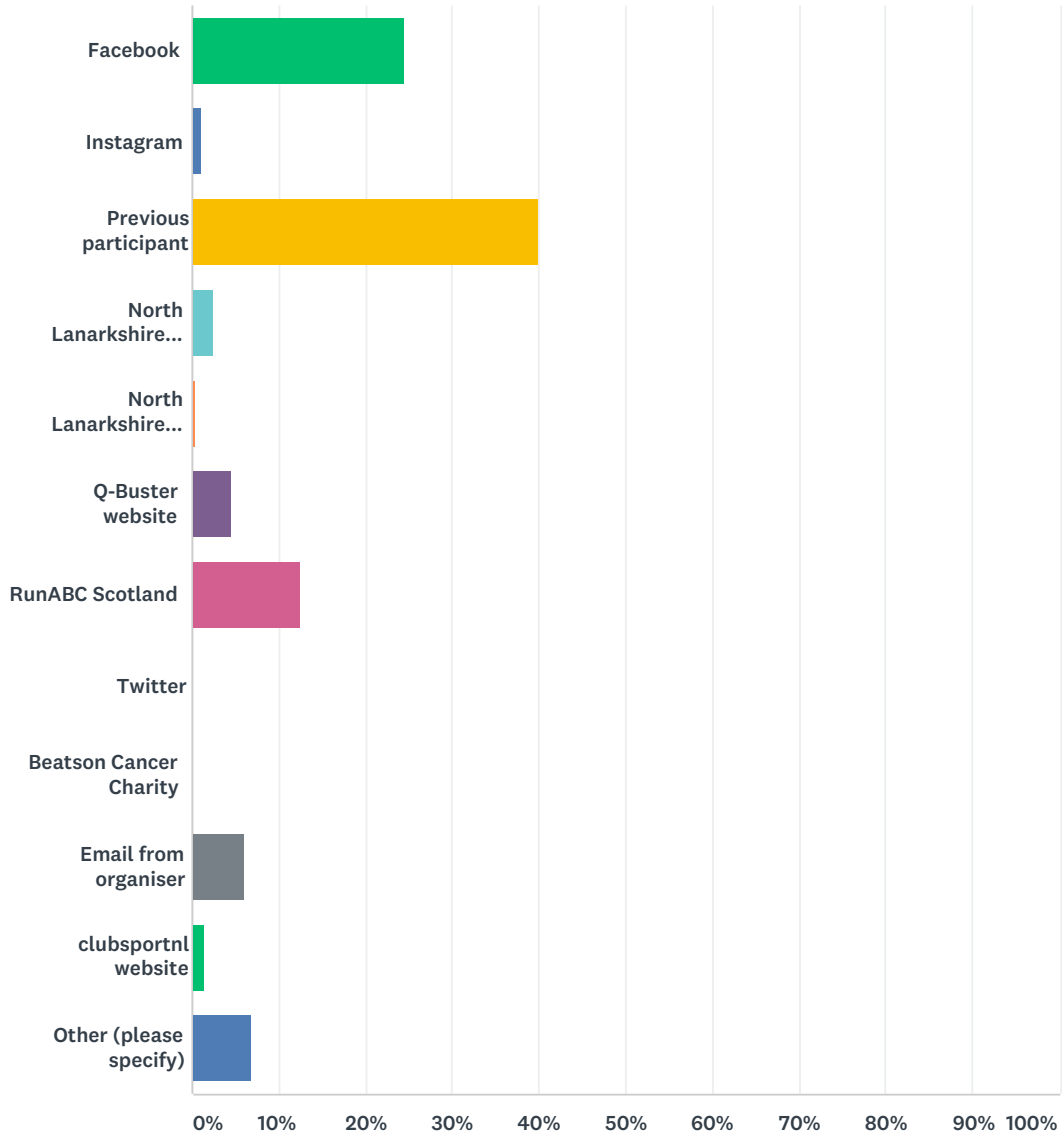


Q1 Where did you hear about Monklands Half or Drumpellier 5k?

Answered: 200 Skipped: 4



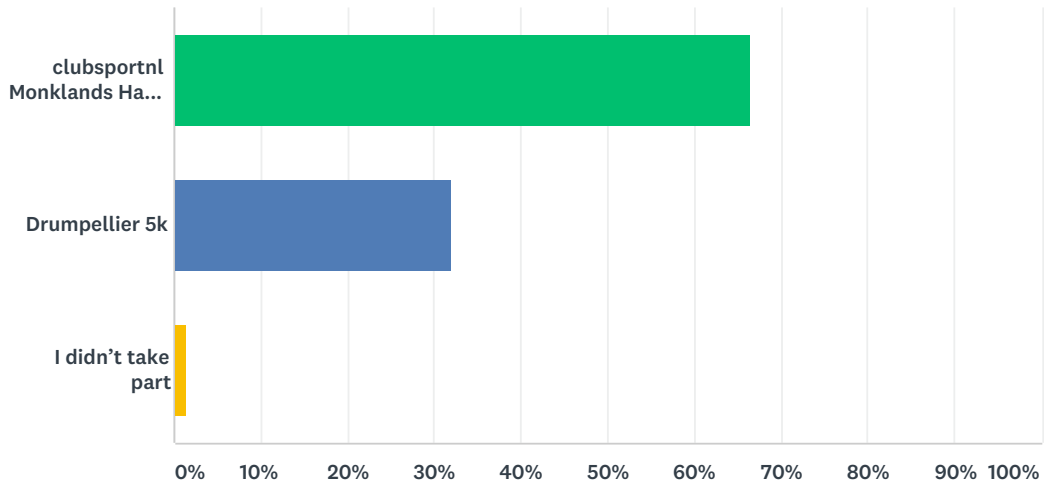
ANSWER CHOICES	RESPONSES	
Facebook	24.50%	49
Instagram	1.00%	2
Previous participant	40.00%	80
North Lanarkshire Leisure website	2.50%	5
North Lanarkshire Council website	0.50%	1
Q-Buster website	4.50%	9
RunABC Scotland	12.50%	25
Twitter	0.00%	0

Beatson Cancer Charity	0.00%	0
Email from organiser	6.00%	12
clubsportnl website	1.50%	3
Other (please specify)	7.00%	14
TOTAL		200

#	OTHER (PLEASE SPECIFY)	DATE
1	Family member	5/26/2019 6:02 PM
2	From a friend who was thinking of doing 10k	5/26/2019 11:07 AM
3	Firstport NHS website	5/22/2019 8:51 AM
4	Google	5/21/2019 10:38 PM
5	Club members had done it previously	5/21/2019 9:32 PM
6	Jog Scotland	5/21/2019 8:59 PM
7	A Friend	5/21/2019 7:34 PM
8	Through a friend	5/21/2019 6:07 PM
9	Previous participant in Cumbernauld 10k	5/21/2019 5:26 PM
10	Findarace.com	5/21/2019 4:28 PM
11	http://www.halfmarathonlist.co.uk/scottish-half-marathons.php	5/21/2019 4:27 PM
12	Motherwell athletic club	5/21/2019 4:19 PM
13	Ran last year	5/21/2019 4:19 PM
14	Can't remember exactly but entered the 10k last year and had the option of all 3 when I entered again this year	5/21/2019 4:13 PM

Q2 Which event did you take part in?

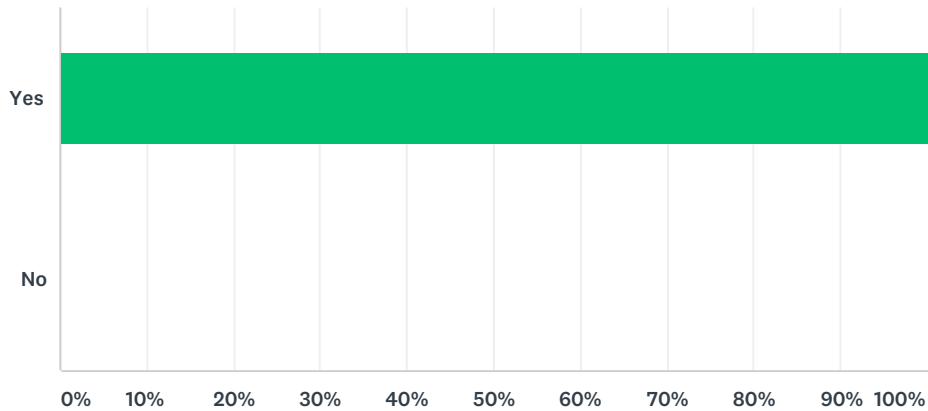
Answered: 200 Skipped: 4



ANSWER CHOICES	RESPONSES	
clubsportnl Monklands Half Marathon	66.50%	133
Drumpellier 5k	32.00%	64
I didn't take part	1.50%	3
TOTAL		200

Q3 Was the information given before the event sufficient for your needs?

Answered: 200 Skipped: 4



ANSWER CHOICES	RESPONSES	
Yes	100.00%	200
No	0.00%	0
TOTAL		200

#	FEEDBACK	DATE
1	Plenty of update on FB and by email .	6/2/2019 1:18 AM
2	A bit more information about alternative parking locations would have been helpful	5/26/2019 11:07 AM
3	The information I got was all I needed and very useful.	5/24/2019 9:52 AM
4	Yes the information provided was relevant and accurate to the event, number collection start time etc.	5/22/2019 9:44 AM
5	Very informative	5/21/2019 10:35 PM
6	Very clear information provided.	5/21/2019 10:05 PM
7	The email communication was helpful and informative.	5/21/2019 8:48 PM
8	Apart from where to pick up goodie bag and t-shirt as I didn't get this	5/21/2019 7:40 PM
9	First time doing this event, loved it great 5k course.	5/21/2019 6:02 PM
10	Understood the route and all the requirements pre and post race. Excellent	5/21/2019 5:45 PM
11	Clear accurate information	5/21/2019 5:34 PM
12	Pre-event info provided just about everything required. Well set out.	5/21/2019 5:32 PM
13	Great	5/21/2019 5:19 PM
14	First class	5/21/2019 5:07 PM
15	Very informative!	5/21/2019 4:58 PM
16	Great outline of the event with lots of detail	5/21/2019 4:41 PM
17	Plentiful instructions	5/21/2019 4:32 PM
18	All pre-race information was well delivered and of help, it all helped make it an excellent event and one I look forward to running again.	5/21/2019 4:30 PM
19	I think the 5k start line could have been better directed to. Not being local I don't know where it was and neither did the Marshall's I asked.	5/21/2019 4:20 PM

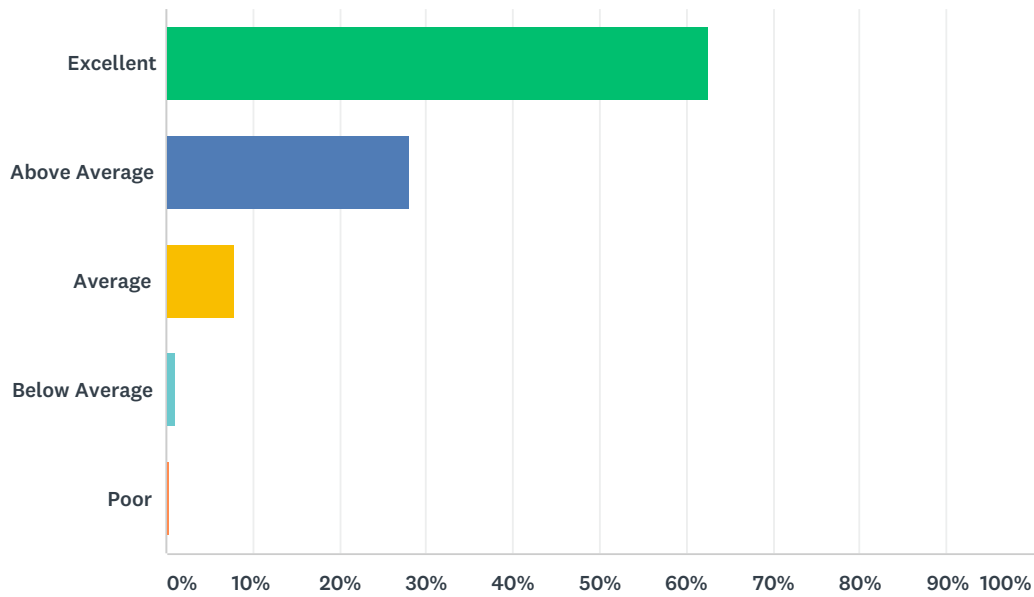
20

Very clear

5/21/2019 4:17 PM

Q4 What was your overall impression of Monklands Half Marathon and Drumpellier 5k?

Answered: 200 Skipped: 4



ANSWER CHOICES	RESPONSES	
Excellent	62.50%	125
Above Average	28.00%	56
Average	8.00%	16
Below Average	1.00%	2
Poor	0.50%	1
TOTAL		200

Q5 What was your impression of the registration process ?

Answered: 183 Skipped: 21

#	RESPONSES	DATE
1	Very well organized	6/12/2019 6:52 PM
2	Efficient and straightforward	6/2/2019 11:37 AM
3	Very well organised	6/2/2019 1:18 AM
4	Well organised	6/1/2019 9:57 AM
5	I missed the initial entry as it sold out but was delighted to get an on the day entry	5/31/2019 4:49 PM
6	Went very smoothly	5/31/2019 4:13 PM
7	Very easy to understand good process	5/28/2019 10:20 PM
8	Good and well organised	5/28/2019 4:46 PM
9	Very simple and worked well.	5/27/2019 1:32 PM
10	Very organised	5/26/2019 6:02 PM
11	Went smoothly	5/26/2019 11:07 AM
12	Great!	5/24/2019 10:42 PM
13	Quick and easy	5/24/2019 8:31 PM
14	Very easy	5/24/2019 9:52 AM
15	Excellent	5/23/2019 9:27 PM
16	Well organised	5/23/2019 8:12 PM
17	Quick and simple	5/23/2019 7:55 PM
18	Well located and quick prior to the information already sent	5/23/2019 11:08 AM
19	fine	5/23/2019 10:16 AM
20	Easy	5/23/2019 9:12 AM
21	At registration, volunteers should've reminded 5K participants to make their way to Loch View...my friend and I had to tell at least 7 people.	5/23/2019 8:55 AM
22	Signage outside building pointing towards registration would have been helpful.	5/22/2019 9:47 PM
23	Excellent .in and out in less than 5 minutes	5/22/2019 8:55 PM
24	Easy	5/22/2019 6:35 PM
25	Very smooth and efficient	5/22/2019 3:21 PM
26	Straight forward and quick	5/22/2019 3:18 PM
27	Could have been better organised if I am honest. Observations would be, Car Park was full (Fair enough) but why let all the cars drive all the way from the main road down to the building only to be turned back. Why not put the attendants on the main road? Signposts directing 5k runners between registration and the start would have been useful	5/22/2019 1:15 PM
28	Good	5/22/2019 12:52 PM
29	Well organised no problems.	5/22/2019 11:57 AM
30	Very user friendly and straightforward to register.	5/22/2019 9:44 AM
31	Easy	5/22/2019 9:41 AM
32	Good	5/22/2019 9:39 AM

33	The whole process was well organised. I had an injury which meant I had to swap from the half to the 5k and this was done without any hassle	5/22/2019 9:15 AM
34	Excellent	5/22/2019 8:55 AM
35	Easy	5/22/2019 8:51 AM
36	Easy and well managed	5/22/2019 8:42 AM
37	Fine, no problems at all. Good value for money.	5/22/2019 8:29 AM
38	Easy to do and staff were very helpful	5/22/2019 8:22 AM
39	Fine	5/22/2019 7:54 AM
40	Seemless	5/22/2019 7:54 AM
41	Well organised	5/22/2019 7:42 AM
42	Quick & easy	5/22/2019 7:34 AM
43	Very good. Quick. Pleasant helpers.	5/22/2019 6:36 AM
44	Don't like being given t- shirt before race. I had no choice but to abandon it as my car was parked too far away to store it before hand	5/21/2019 11:49 PM
45	smooth	5/21/2019 11:43 PM
46	Easy and straightforward	5/21/2019 11:14 PM
47	Was easy and quick.	5/21/2019 10:40 PM
48	Was easy and well organised.	5/21/2019 10:38 PM
49	Very easy and straightforward	5/21/2019 10:35 PM
50	Easy	5/21/2019 10:32 PM
51	Efficient	5/21/2019 10:30 PM
52	Easy	5/21/2019 10:23 PM
53	Very good	5/21/2019 10:14 PM
54	Great	5/21/2019 10:05 PM
55	Easy. Helpful volunteers. No issues at all.	5/21/2019 10:01 PM
56	Easy and quick	5/21/2019 9:57 PM
57	Extremely well organised.	5/21/2019 9:42 PM
58	Registration was great no issues. There was no signs to tell you where to go to start line for 5km	5/21/2019 9:37 PM
59	Excellent, great venue and no issues	5/21/2019 9:32 PM
60	Well organised	5/21/2019 9:30 PM
61	Easy and quick	5/21/2019 9:30 PM
62	Good	5/21/2019 9:24 PM
63	Easy smooth process.	5/21/2019 9:17 PM
64	Fine	5/21/2019 9:13 PM
65	Easy	5/21/2019 9:03 PM
66	Easy to do online	5/21/2019 9:00 PM
67	Seamless	5/21/2019 8:59 PM
68	Well organised	5/21/2019 8:49 PM
69	Straight forward	5/21/2019 8:48 PM
70	Could have been marked out easier	5/21/2019 8:37 PM
71	Quick and easy	5/21/2019 8:34 PM

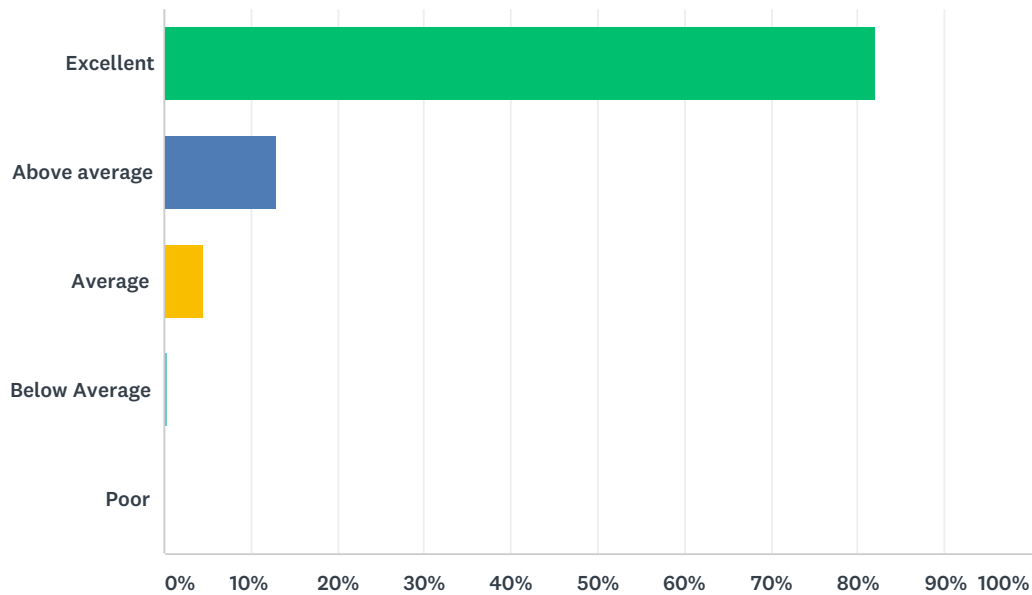
72	Easy	5/21/2019 8:31 PM
73	Very easy	5/21/2019 8:05 PM
74	Straight forward and efficient	5/21/2019 8:01 PM
75	Well organized. Easy to register.	5/21/2019 7:56 PM
76	Was good	5/21/2019 7:40 PM
77	Excellent It was quick and easy	5/21/2019 7:37 PM
78	Fine	5/21/2019 7:34 PM
79	Very quick and efficient	5/21/2019 7:26 PM
80	Very quick and easy. Well organised.	5/21/2019 7:18 PM
81	Very quick and easy	5/21/2019 7:14 PM
82	very easy	5/21/2019 7:07 PM
83	Adequate	5/21/2019 7:04 PM
84	Fine	5/21/2019 6:57 PM
85	Very well organised!	5/21/2019 6:57 PM
86	Fairly easy	5/21/2019 6:57 PM
87	Ok	5/21/2019 6:52 PM
88	It was an easy process	5/21/2019 6:49 PM
89	Efficient	5/21/2019 6:47 PM
90	explained very well in email and ran like clockwork	5/21/2019 6:42 PM
91	I volunteered	5/21/2019 6:31 PM
92	Very efficient.	5/21/2019 6:28 PM
93	Bit tricky to find the registration area. Once there process was straightforward	5/21/2019 6:27 PM
94	Very well organised	5/21/2019 6:17 PM
95	very good	5/21/2019 6:16 PM
96	Smooth, easy, no issues	5/21/2019 6:15 PM
97	Ideal	5/21/2019 6:07 PM
98	Great, smooth and seamless	5/21/2019 6:02 PM
99	Good	5/21/2019 6:02 PM
100	Easy	5/21/2019 5:59 PM
101	Fast and simple. Well organised	5/21/2019 5:54 PM
102	Great organisation and attention to detail	5/21/2019 5:52 PM
103	Registration was quick enough, but I'd rather pay a pound or 2 extra to have or posted	5/21/2019 5:51 PM
104	Excellent	5/21/2019 5:48 PM
105	Easy and welcoming!	5/21/2019 5:45 PM
106	Excellent	5/21/2019 5:41 PM
107	Straight forward	5/21/2019 5:40 PM
108	Well organised	5/21/2019 5:36 PM
109	Very easy to collect number- even though i was down as male!!	5/21/2019 5:36 PM
110	Very well organised	5/21/2019 5:34 PM
111	Good	5/21/2019 5:32 PM
112	Ideal - dead easy	5/21/2019 5:32 PM

113	No issues	5/21/2019 5:31 PM
114	easy and fast	5/21/2019 5:31 PM
115	Could have been advised before the event of when and where to collect race number.	5/21/2019 5:29 PM
116	The registration was poor no one told you where the start line was & that it was 10 minutes walk, I had to run up to the start and just made it on time.	5/21/2019 5:28 PM
117	It would have been more helpful to see signs to direct you to registration area.	5/21/2019 5:27 PM
118	Very good	5/21/2019 5:26 PM
119	Very good but was given no directions for start of race- had to work that out myself using an email.	5/21/2019 5:25 PM
120	Easy	5/21/2019 5:24 PM
121	Smooth and efficient	5/21/2019 5:21 PM
122	smooth and flawless	5/21/2019 5:20 PM
123	Fast and simple.	5/21/2019 5:19 PM
124	Organised	5/21/2019 5:19 PM
125	Very quick and easy too get my number	5/21/2019 5:19 PM
126	Easy	5/21/2019 5:17 PM
127	easy	5/21/2019 5:17 PM
128	Great	5/21/2019 5:17 PM
129	Excellent	5/21/2019 5:16 PM
130	It was the same as the year before. Travel to St. Ambrose High School go to the hall near reception, tell the organisers your name and then they would look up your number and they would hand it to you. You then collect some pins and pin your number to your T- shirt.	5/21/2019 5:16 PM
131	Very organised no hassles at all	5/21/2019 5:15 PM
132	Simple	5/21/2019 5:07 PM
133	Ok - I got there just before it got busy	5/21/2019 4:58 PM
134	Relatively fast and pain-free!	5/21/2019 4:57 PM
135	V good	5/21/2019 4:56 PM
136	easy done	5/21/2019 4:55 PM
137	easy and well staffed	5/21/2019 4:54 PM
138	Well organised	5/21/2019 4:54 PM
139	Easy	5/21/2019 4:53 PM
140	Decent	5/21/2019 4:53 PM
141	No issues, alphabetical ordering of participants made finding numbers etc easy.	5/21/2019 4:52 PM
142	Perfect!	5/21/2019 4:49 PM
143	Very quick and efficient.	5/21/2019 4:49 PM
144	Good	5/21/2019 4:49 PM
145	Pain free. Very fast ant any efficient.	5/21/2019 4:48 PM
146	Well organised and efficient	5/21/2019 4:45 PM
147	Very good	5/21/2019 4:45 PM
148	Good	5/21/2019 4:44 PM
149	Easy.	5/21/2019 4:44 PM
150	Couldn't have bn any easier	5/21/2019 4:44 PM
151	Fairly smooth	5/21/2019 4:43 PM

152	Very quick process	5/21/2019 4:43 PM
153	Very smooth with collection of numbers	5/21/2019 4:43 PM
154	Very efficient and well organised.	5/21/2019 4:43 PM
155	Good but would have liked to have the opportunity to register adults and kids races at the same time	5/21/2019 4:41 PM
156	Easy and quick	5/21/2019 4:37 PM
157	Very easy and straightforward	5/21/2019 4:37 PM
158	Very straightforward and quick	5/21/2019 4:32 PM
159	Fine	5/21/2019 4:31 PM
160	Very well organized and efficient with friendly staff on hand to support you.	5/21/2019 4:30 PM
161	Straightforward	5/21/2019 4:30 PM
162	Straightforward	5/21/2019 4:28 PM
163	It was quick and efficient	5/21/2019 4:27 PM
164	Simple to do.	5/21/2019 4:26 PM
165	Good	5/21/2019 4:25 PM
166	Fine	5/21/2019 4:25 PM
167	Quick and easy	5/21/2019 4:20 PM
168	Perfect. Great Staff.	5/21/2019 4:20 PM
169	Quick and easy.	5/21/2019 4:20 PM
170	It was quick	5/21/2019 4:19 PM
171	Easy to register	5/21/2019 4:19 PM
172	Easy	5/21/2019 4:19 PM
173	Quick and easy,staff very helpful	5/21/2019 4:17 PM
174	Quick & efficient	5/21/2019 4:17 PM
175	It was a bit confusing but it did it's job	5/21/2019 4:17 PM
176	Very straightforward and ran smoothly on the day	5/21/2019 4:17 PM
177	Straight forward,no problems	5/21/2019 4:16 PM
178	Good	5/21/2019 4:15 PM
179	fine	5/21/2019 4:14 PM
180	no issues at all	5/21/2019 4:14 PM
181	Very good	5/21/2019 4:14 PM
182	No problems.	5/21/2019 4:13 PM
183	Easy and straight forward	5/21/2019 4:08 PM

Q6 What was your overall impression of the marshals/volunteers at the event?

Answered: 200 Skipped: 4



ANSWER CHOICES	RESPONSES	
Excellent	82.00%	164
Above average	13.00%	26
Average	4.50%	9
Below Average	0.50%	1
Poor	0.00%	0
TOTAL		200

#	ANY COMMENTS	DATE
1	Happy and friendly. Help my friend you had to stop, possibly passed out and got her back to the start .	6/2/2019 1:18 AM
2	Lots of marshals who provided great energy and enthusiasm loved it	5/28/2019 10:20 PM
3	Most were very encouraging a few were not so much.	5/28/2019 4:46 PM
4	Informative and encouraging.	5/27/2019 1:32 PM
5	Great Marshals very encouraging	5/23/2019 8:12 PM
6	As a 5k runner I saw some half marathon runners miss their turn off. Writing on pavement not as effective when lots of people running over it!	5/22/2019 9:47 PM
7	All very encouraging.	5/22/2019 3:21 PM
8	There were marshals located at appropriate checkpoints to keep the runners on course. The marshals also offered encouragement throughout the race creating a good atmosphere for this event.	5/22/2019 9:44 AM
9	The marshalls were great	5/22/2019 9:15 AM

10	Very encouraging	5/22/2019 8:55 AM
11	Vast majority were enthusiastic and cheering everyone on	5/22/2019 8:42 AM
12	So encouraging at all times	5/22/2019 8:22 AM
13	Ran as part of JAPES & the marshals were all awesome & loads of support on the route. Thank you ☺☺	5/22/2019 7:54 AM
14	So supportive every single 1 of them	5/22/2019 7:34 AM
15	Always waving clapping and encouraging and the main thing....keeping me safe at road crossing.	5/22/2019 6:36 AM
16	Lack of direction at times. Not focused on traffic at one junction, too busy chatting. Lack of support.	5/21/2019 11:43 PM
17	They were great, most of them were very friendly and supportive.	5/21/2019 10:40 PM
18	Such great support from the marshals, very encouraging and genuine people	5/21/2019 10:35 PM
19	Everyone of them were cheering us on.	5/21/2019 9:57 PM
20	Outstanding contribution and encouraged everyone to keep going.	5/21/2019 9:42 PM
21	The volunteers were fantastic	5/21/2019 9:32 PM
22	They were great and really encouraging	5/21/2019 9:30 PM
23	Really friendly and helpful, and lots of them	5/21/2019 9:30 PM
24	Could not fault any of the marshalls. Very supportive of the runners.	5/21/2019 9:17 PM
25	Great from start to finish	5/21/2019 8:05 PM
26	Friendly, helpful, encouraging.	5/21/2019 7:56 PM
27	Good encouragement and support	5/21/2019 7:37 PM
28	All the marshalls and volunteers did a fantastic job	5/21/2019 7:26 PM
29	The marshalls were great, very supporti e and just whats needed when heading up that horrible hill near the end ☺	5/21/2019 7:18 PM
30	absolutely brilliant and v friendly	5/21/2019 7:07 PM
31	Very cheerful and help keep you going	5/21/2019 6:57 PM
32	All very helpful	5/21/2019 6:52 PM
33	Fab support!	5/21/2019 6:42 PM
34	Marshalls were fantastic.	5/21/2019 6:28 PM
35	All marshals and volunteers were really friendly and encouraging, just what you need when you are struggling a bit! Well done	5/21/2019 6:02 PM
36	As always volunteers were wonder full races can't run with out these people	5/21/2019 6:02 PM
37	Everyone was fantastic	5/21/2019 5:48 PM
38	So encouraging and very aware of the role they played to keep us safe	5/21/2019 5:45 PM
39	Marshall's were encouraging High 5s, smiling, cheering was fab. Plentiful water stations	5/21/2019 5:34 PM
40	Some marshalls were not encouraging	5/21/2019 5:32 PM
41	Wow. That was some effort to organise marshalls at every road crossing and beyond, and they were all super supportive and cheery. Perfect combination - they went a long was to making the event a lot of fun.	5/21/2019 5:32 PM
42	It would have been good if when registering, the staff told us where start area would be as we almost missed the start of the race.	5/21/2019 5:27 PM
43	Encouraging and alert to direct people	5/21/2019 5:24 PM
44	Marshalls were very cheery	5/21/2019 5:20 PM
45	Absolutely brilliant volunteers and plenty of them ☺	5/21/2019 5:19 PM
46	Fantastic, so friendly and encouraging	5/21/2019 5:17 PM

47	Went the wrong way when in 3 rd place when the 5 k race splits from the half in to the park.As a first timer on the course you need to make sure that the Marshalls direct the half runners in to the park or make sure the 5 k race starts after the half starts.	5/21/2019 5:17 PM
48	Very friendly and supportive	5/21/2019 5:15 PM
49	Fantastic marshals	5/21/2019 5:07 PM
50	The marshalling was beyond doubt well above the level of many other races, and they all deserve thanks for the day. The encouragement was fab, though a couple shouted "almost there!" a little earlier in the race than you would expect!	5/21/2019 4:57 PM
51	high number and standard of volunteers	5/21/2019 4:54 PM
52	Well informed, visible and enthusiastic	5/21/2019 4:54 PM
53	Very enthusiastic	5/21/2019 4:52 PM
54	Marshalls were the friendliest I have ever seen!	5/21/2019 4:50 PM
55	Very friendly and encouraging	5/21/2019 4:45 PM
56	Fab support from Marshall's	5/21/2019 4:44 PM
57	Very encouraging	5/21/2019 4:43 PM
58	Marshall's were all superb. Very encouraging and great support.	5/21/2019 4:43 PM
59	Great support throughout	5/21/2019 4:41 PM
60	Brilliant encouragement all the way around	5/21/2019 4:37 PM
61	The marshalls were all very helpful and gave faultless support and encouragement to every runner...they were the best marshalls of any race I have taken part in.	5/21/2019 4:30 PM
62	I was impressed how many there were and how encouraging the marshals were.	5/21/2019 4:30 PM
63	Excellent marshalling, loads of marshals, all cheery and encouraging. Well done to them all!	5/21/2019 4:24 PM
64	Brilliant as usual	5/21/2019 4:20 PM
65	Who needs supporters when you've got a marshal about every km.	5/21/2019 4:20 PM
66	I would like to thank all the Marshall's they done a fantastic.	5/21/2019 4:19 PM
67	Always great to see their smiling faces and have them cheer me on	5/21/2019 4:19 PM
68	They were good but there is always room for improvement	5/21/2019 4:17 PM
69	Volunteers were excellent and very supportive throughout	5/21/2019 4:17 PM
70	Marshalls were great.	5/21/2019 4:13 PM

Q7 Was the start area sufficient for the event?

Answered: 200 Skipped: 4

#	RESPONSES	DATE
1	Yes	6/12/2019 6:52 PM
2	Yes.	6/2/2019 11:37 AM
3	Yes	6/2/2019 1:18 AM
4	Not very clear and quite narrow at very start.	6/1/2019 9:57 AM
5	Yes though parking was a bit tight	5/31/2019 10:58 PM
6	The 5k start area was a bit congested as on the pavement with no road closure	5/31/2019 4:49 PM
7	Yes, perfect for the size of event	5/31/2019 4:13 PM
8	Yes very good	5/28/2019 10:20 PM
9	Yes	5/28/2019 4:46 PM
10	Yes, plenty of space and well set up.	5/27/2019 1:32 PM
11	Yes plenty of space just not ideal start/finish on grass but just personal preference	5/26/2019 6:02 PM
12	Yes	5/26/2019 11:07 AM
13	Yes	5/25/2019 1:01 AM
14	Yes	5/24/2019 10:42 PM
15	Yes. Toddlers race would have been better on grass	5/24/2019 8:31 PM
16	Yes	5/24/2019 9:52 AM
17	Yes	5/23/2019 9:27 PM
18	Not ideal on the grass but was ok	5/23/2019 8:12 PM
19	Yes, well served by toilets etc	5/23/2019 7:55 PM
20	Good location, but the grass start and finish is heavy underfoot	5/23/2019 11:08 AM
21	yes	5/23/2019 10:16 AM
22	Yes, however would've been great for a baggage drop as I wasn't local and travelled by public transport	5/23/2019 9:12 AM
23	Yes but could've been better sign posted for participants	5/23/2019 8:55 AM
24	Signage from registration would have been helpful. Bit dangerous having everyone crowd onto a narrow pavement alongside a busy road.	5/22/2019 9:47 PM
25	Yes	5/22/2019 8:55 PM
26	Yes	5/22/2019 6:35 PM
27	Yes	5/22/2019 5:28 PM
28	I felt the start could be organised a little better.	5/22/2019 3:21 PM
29	Yes	5/22/2019 3:18 PM
30	For the 5k no. A 2 metre wide footpath right at a live junction next to a fast moving main road is not the ideal place for getting on for 200 runners to start.	5/22/2019 1:15 PM
31	Yes	5/22/2019 12:52 PM
32	Yes perfect	5/22/2019 11:57 AM
33	Yes	5/22/2019 10:40 AM

34	The start was easy to locate and the area provided was more than sufficient and at no point felt overcrowded.	5/22/2019 9:44 AM
35	Yes	5/22/2019 9:41 AM
36	Yes	5/22/2019 9:39 AM
37	Perfect	5/22/2019 9:15 AM
38	yes	5/22/2019 8:55 AM
39	Yes	5/22/2019 8:51 AM
40	Absolutely very well organised and set up	5/22/2019 8:42 AM
41	Yeah, does the job.	5/22/2019 8:29 AM
42	Yes ample room provided	5/22/2019 8:22 AM
43	Yes	5/22/2019 7:54 AM
44	Yes, toilets out of order caused some queues but outwith your contril	5/22/2019 7:54 AM
45	Yes	5/22/2019 7:42 AM
46	Yes	5/22/2019 7:34 AM
47	Yes good toilet and changing facilities too	5/22/2019 6:36 AM
48	Yes - easily accessible from registration point	5/21/2019 11:49 PM
49	Definitely	5/21/2019 11:43 PM
50	Yes	5/21/2019 11:14 PM
51	Yes, definitely. Plenty of space.	5/21/2019 10:40 PM
52	Not sure if this is the correct category but the parking at start could have been better. Sat in traffic then once we got to front were told carpark was full. In my opinion I think there could have been someone standing at the entrance saying half marathon car park full or a sign.	5/21/2019 10:38 PM
53	Yes	5/21/2019 10:35 PM
54	Yes, for a small event the area was fine for me.	5/21/2019 10:32 PM
55	A bit bumpy on the grass	5/21/2019 10:30 PM
56	Yes	5/21/2019 10:23 PM
57	Yes	5/21/2019 10:14 PM
58	This was probably my only criticism.	5/21/2019 10:05 PM
59	Yes.	5/21/2019 10:01 PM
60	Yes	5/21/2019 9:57 PM
61	Yes	5/21/2019 9:42 PM
62	There was no signs to tell you where to go to start for 5km. We didn't know when the 5km started as we couldn't see where start was.	5/21/2019 9:37 PM
63	Yes	5/21/2019 9:36 PM
64	Yes	5/21/2019 9:32 PM
65	Yes	5/21/2019 9:30 PM
66	Yes, although tea/coffee facilities would be nice	5/21/2019 9:30 PM
67	Yes	5/21/2019 9:24 PM
68	Yes	5/21/2019 9:17 PM
69	Yes	5/21/2019 9:13 PM
70	Yes	5/21/2019 9:03 PM
71	Yes	5/21/2019 9:00 PM

72	Yes	5/21/2019 8:59 PM
73	Yes	5/21/2019 8:49 PM
74	The 5k start was a bit crowded but if everyone stood in order of ability it may of been a more reasonable start. The problem being the people at the back will have 30 seconds to just get to start line. I think if the road was shut for 5 minutes and even for only 100m the 5k start would allow flow of runners better.	5/21/2019 8:48 PM
75	yes	5/21/2019 8:37 PM
76	A bit cramped and next to a road.	5/21/2019 8:34 PM
77	Bit tight but as expected	5/21/2019 8:31 PM
78	Yes	5/21/2019 8:05 PM
79	Yes although the first section on the road side is a bit tight and slightly dangerous as there is no footpath.	5/21/2019 8:01 PM
80	Yes	5/21/2019 7:56 PM
81	Yes	5/21/2019 7:40 PM
82	Starting on the pavement is not great as it can be a bit narrow until it thins out	5/21/2019 7:37 PM
83	It was okay. Not clear where the start actually was	5/21/2019 7:34 PM
84	Yes	5/21/2019 7:26 PM
85	Wasnt the best, we started on the main road on a small path, cars were still passing quickly so struggled on the start to overtake and get passed people and thats usually my best bit! Marshall was great though.	5/21/2019 7:18 PM
86	The start was the only area of concern I may have, it was a bit busy and I jumped off and on the pavement to get by slower runners at the start, maybe ask slower runners to start in the middle or towards the rear but not a major issue	5/21/2019 7:14 PM
87	yes	5/21/2019 7:07 PM
88	A bit tight and running on the longish grass was awkward	5/21/2019 7:04 PM
89	Yes.	5/21/2019 6:57 PM
90	The start area for the event was absolutely perfect.	5/21/2019 6:57 PM
91	Yes	5/21/2019 6:57 PM
92	Not really, didn't feel like the start was marked at all	5/21/2019 6:52 PM
93	Yes	5/21/2019 6:49 PM
94	Yes	5/21/2019 6:47 PM
95	bit cramped on pavement at start of 5k	5/21/2019 6:42 PM
96	Yes	5/21/2019 6:40 PM
97	Didn't see	5/21/2019 6:31 PM
98	Yes	5/21/2019 6:28 PM
99	Yes	5/21/2019 6:27 PM
100	Yes	5/21/2019 6:17 PM
101	yes	5/21/2019 6:16 PM
102	Yes	5/21/2019 6:15 PM
103	Brilliant	5/21/2019 6:07 PM
104	Parking was full from early on, we don't know the area so parking was a bit stressful	5/21/2019 6:02 PM
105	Yes	5/21/2019 6:02 PM
106	Yes	5/21/2019 5:59 PM

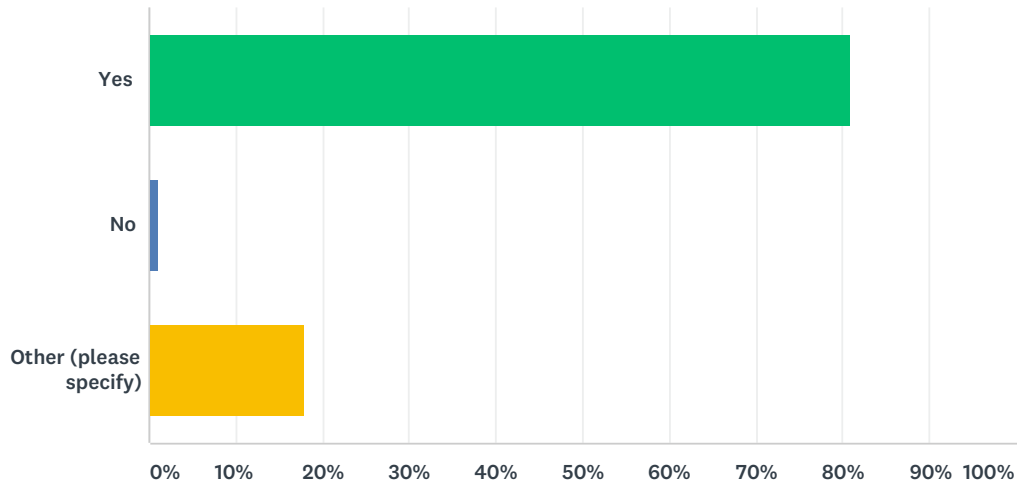
107	No. Feels totally geared up to the half participants. 5k are squashed together on a tight path. Ok after 1st km bit takes a bit to spread out plus no chip time	5/21/2019 5:54 PM
108	Yes, very spacious and accommodated all participants	5/21/2019 5:52 PM
109	Start area was fine, well presented etc	5/21/2019 5:51 PM
110	Yes	5/21/2019 5:48 PM
111	Yes	5/21/2019 5:45 PM
112	Yes	5/21/2019 5:41 PM
113	Slightly crowded and very close to the road	5/21/2019 5:40 PM
114	For the 5k I felt there were slightly too many people on such a narrow stretch of pavement and some ended up running on the road until the field spread out.	5/21/2019 5:38 PM
115	Yes	5/21/2019 5:36 PM
116	Yes	5/21/2019 5:36 PM
117	Yes	5/21/2019 5:34 PM
118	A bit small	5/21/2019 5:33 PM
119	Yes	5/21/2019 5:32 PM
120	Yup.	5/21/2019 5:32 PM
121	No issues although main male toilets were out of order	5/21/2019 5:31 PM
122	it was very tight and narrow for amount of runners due to using pavements near a busy road	5/21/2019 5:31 PM
123	Clear guidance of where the 5k start was and when we should make our way to the start line.	5/21/2019 5:29 PM
124	I thought it was poor and dangerous at times when the half marathon runners started to over take the slower runners	5/21/2019 5:28 PM
125	It was ok.	5/21/2019 5:27 PM
126	Yes	5/21/2019 5:26 PM
127	Not really no. I walked past the start - start was written on the pavement with an arrow and I interpreted this as the start was further along. I got to the 1 mile marker where the marshal confirmed it wasn't as far on as this and walked back. Saw a crowd gathering in the car park of the gold club and joined them. It would have been nice to have been times from when we crossed over the start line but it's not a big issue	5/21/2019 5:25 PM
128	Could have done with loudspeaker to direct people to various events	5/21/2019 5:24 PM
129	First km alongside the road when everyone is bunched together didn't seem very safe	5/21/2019 5:21 PM
130	yes	5/21/2019 5:20 PM
131	The start of the 5k maybe a bit tight for the number of runners.	5/21/2019 5:19 PM
132	Yes	5/21/2019 5:19 PM
133	It was ok I kept too the back too let the 5k through as I was running the half	5/21/2019 5:19 PM
134	A little bit crushed for 5k but ok.	5/21/2019 5:17 PM
135	yes	5/21/2019 5:17 PM
136	Yes	5/21/2019 5:17 PM
137	Yes	5/21/2019 5:16 PM
138	Yes	5/21/2019 5:16 PM
139	Yes	5/21/2019 5:15 PM
140	Yes	5/21/2019 5:07 PM
141	Usually is	5/21/2019 4:59 PM
142	No - we were cramped on a small pavement	5/21/2019 4:58 PM

143	Yes. Plenty of space and through the mats about 20s after the gun, despite being half-way down the pack.	5/21/2019 4:57 PM
144	Yes	5/21/2019 4:56 PM
145	fine given the number of participants	5/21/2019 4:55 PM
146	Yes	5/21/2019 4:54 PM
147	Not keen on the grass start and finish	5/21/2019 4:54 PM
148	Yes	5/21/2019 4:54 PM
149	Yes	5/21/2019 4:53 PM
150	Yes	5/21/2019 4:53 PM
151	Yes	5/21/2019 4:52 PM
152	Yes	5/21/2019 4:50 PM
153	Starting on the pavement at the golf centre was really crowded, especially isll with the road still open.	5/21/2019 4:50 PM
154	Yes.	5/21/2019 4:49 PM
155	Yes	5/21/2019 4:49 PM
156	Yes	5/21/2019 4:49 PM
157	Absolutely.	5/21/2019 4:48 PM
158	Yes	5/21/2019 4:45 PM
159	Yes	5/21/2019 4:45 PM
160	No, too narrow and close to a road	5/21/2019 4:44 PM
161	Yes, very.	5/21/2019 4:44 PM
162	Great start area , easy access for the wheel chair	5/21/2019 4:44 PM
163	Yes more than enough space	5/21/2019 4:43 PM
164	Yes	5/21/2019 4:43 PM
165	Quite tight at the start of the 5k due to the width of the pavement	5/21/2019 4:43 PM
166	Yes very well organised.	5/21/2019 4:43 PM
167	Yes. Plenty of space. Toilet capacity in school a bit limited on the day though.	5/21/2019 4:41 PM
168	Yes	5/21/2019 4:37 PM
169	Yes	5/21/2019 4:37 PM
170	Mostly yes, although gents toilets were not readily available which resulted in long waits for a pre-race visit.	5/21/2019 4:32 PM
171	Yes	5/21/2019 4:31 PM
172	Yes...no issues.	5/21/2019 4:30 PM
173	It was fine for the numbers involved.	5/21/2019 4:30 PM
174	Yes	5/21/2019 4:28 PM
175	Yes	5/21/2019 4:27 PM
176	Yes.	5/21/2019 4:26 PM
177	Not suitable, small pavement at side of busy road.	5/21/2019 4:25 PM
178	No. Far to narrow and it wasn't clear where it was.	5/21/2019 4:25 PM
179	It would be good to have a location where we could leave bags, etc, during the race	5/21/2019 4:24 PM
180	Yes	5/21/2019 4:20 PM
181	No, The start of the half marathon was dangerous	5/21/2019 4:20 PM

182	It was a bit crowded at the 5k start line with it being on the pavement.	5/21/2019 4:20 PM
183	Just don't like the grass	5/21/2019 4:19 PM
184	Yes	5/21/2019 4:19 PM
185	Bit cramped and not ideal starting across an access road	5/21/2019 4:19 PM
186	Yes	5/21/2019 4:19 PM
187	Yea	5/21/2019 4:17 PM
188	Yes!! Lack of parking	5/21/2019 4:17 PM
189	Yes	5/21/2019 4:17 PM
190	Yes the start was good	5/21/2019 4:17 PM
191	Yes	5/21/2019 4:17 PM
192	Yes	5/21/2019 4:16 PM
193	Yes	5/21/2019 4:15 PM
194	Yes	5/21/2019 4:14 PM
195	bit cramped	5/21/2019 4:14 PM
196	yes	5/21/2019 4:14 PM
197	Yes	5/21/2019 4:14 PM
198	Yes, plenty of direction	5/21/2019 4:13 PM
199	Yes	5/21/2019 4:13 PM
200	No. Crowded and competing with vehicles and would have preferred a mat timed start for a more accurate finish time.	5/21/2019 4:08 PM

Q8 Do you think there was sufficient water stations on the route?

Answered: 200 Skipped: 4



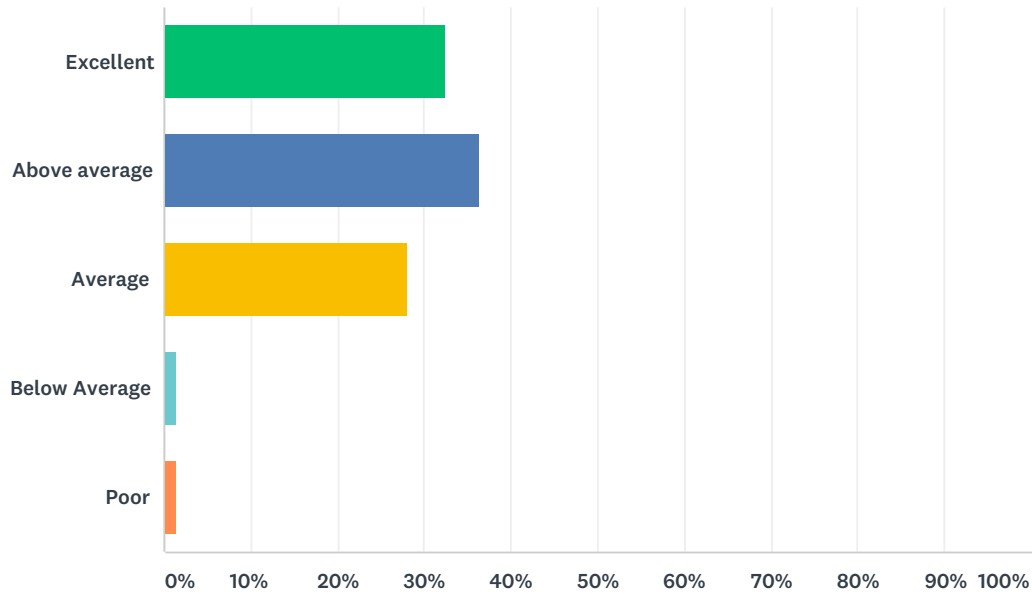
ANSWER CHOICES	RESPONSES	
Yes	81.00%	162
No	1.00%	2
Other (please specify)	18.00%	36
TOTAL		200

#	OTHER (PLEASE SPECIFY)	DATE
1	Always plenty water as it's a course with laps so you know where the water is after lap one	5/28/2019 10:20 PM
2	Not applicable to 5k	5/26/2019 11:07 AM
3	No for the 5k but I think half marathons would have needed it.	5/24/2019 9:52 AM
4	None on 5k route that I saw	5/22/2019 9:47 PM
5	I didn't see a water station on the 5k route.	5/22/2019 3:18 PM
6	N/a	5/22/2019 9:41 AM
7	I didn't see any on 5k route but didn't want/need one.	5/21/2019 10:32 PM
8	Not applicable	5/21/2019 10:05 PM
9	None that we saw as was 5km but it was very warm	5/21/2019 9:37 PM
10	Yes	5/21/2019 9:03 PM
11	N/a	5/21/2019 8:34 PM
12	Just 5k	5/21/2019 8:31 PM
13	Hi	5/21/2019 8:05 PM
14	I only done the 5k so there werent any water stations.	5/21/2019 7:18 PM
15	N/A	5/21/2019 7:14 PM
16	did 5k, so none needed on route	5/21/2019 6:42 PM
17	Didn't do route	5/21/2019 6:31 PM
18	Not applicable	5/21/2019 6:27 PM

19	Didn't need water for 5k	5/21/2019 6:02 PM
20	Only participated in 5km, water was available at the end which is typical for a 5km race	5/21/2019 5:52 PM
21	None on 5k but 1/2 from previous year yes	5/21/2019 5:40 PM
22	N/A - 5k	5/21/2019 5:38 PM
23	Can't comment as did 5k	5/21/2019 5:36 PM
24	Wasn't aware there were any for the 5k	5/21/2019 5:25 PM
25	Didn't participate this year	5/21/2019 4:59 PM
26	I don't remember seeing one, but I don't think a 5k really needs one.	5/21/2019 4:58 PM
27	Did not use them on the route - just at end (personal preference)	5/21/2019 4:57 PM
28	Some of the water stations were situated quite early on in the event	5/21/2019 4:54 PM
29	Only run the 5k so don't know	5/21/2019 4:43 PM
30	Didn't have any as part of 5k but wouldn't expect any for this short a fistance	5/21/2019 4:43 PM
31	Didn't see any	5/21/2019 4:25 PM
32	There weren't any	5/21/2019 4:25 PM
33	None on the 5k route which was fine for me.	5/21/2019 4:20 PM
34	No, but only because it was warm. It was sufficient last year.	5/21/2019 4:14 PM
35	none on 5K	5/21/2019 4:14 PM
36	None, as was only the 5k	5/21/2019 4:14 PM

Q9 What did you think of the route?

Answered: 200 Skipped: 4



ANSWER CHOICES	RESPONSES	
Excellent	32.50%	65
Above average	36.50%	73
Average	28.00%	56
Below Average	1.50%	3
Poor	1.50%	3
TOTAL		200

#	FEEDBACK	DATE
1	It was ok, but repetitive doing the loop	6/2/2019 1:18 AM
2	Up hill on last stretch of 5km was hard going.	6/1/2019 9:57 AM
3	Have ran this race a lot of times over the years tough route if you don't pace it right the last mile must be one of the toughest I have ran but love the challenge	5/28/2019 10:20 PM
4	Route was quite hilly and because of the double loop there was quite a lot of steep hills that you had to run 2-3 times. Other than that the park was lovely to run through and some nice scenic views	5/28/2019 4:46 PM
5	First time doing a double loop didn't really like it much as mentally that can be tough but it was a tough day in general with sun and the hills ! But if it was easy we wouldn't be doing it !	5/26/2019 6:02 PM
6	Lovely route, good to be off road for most of it	5/26/2019 11:07 AM
7	I'm not keen on repeating loops but overall was good .	5/23/2019 9:27 PM
8	Doing the almost 3 loops of the same was very boring and some parts isolated	5/23/2019 8:12 PM
9	The part through the park was lovely, less so the route though residential areas. I know it's difficult to avoid, but the hilly-ish route combined with the loops was a little soul destroying. That said, the course lent itself to a PB for me so I was delighted!	5/23/2019 7:55 PM

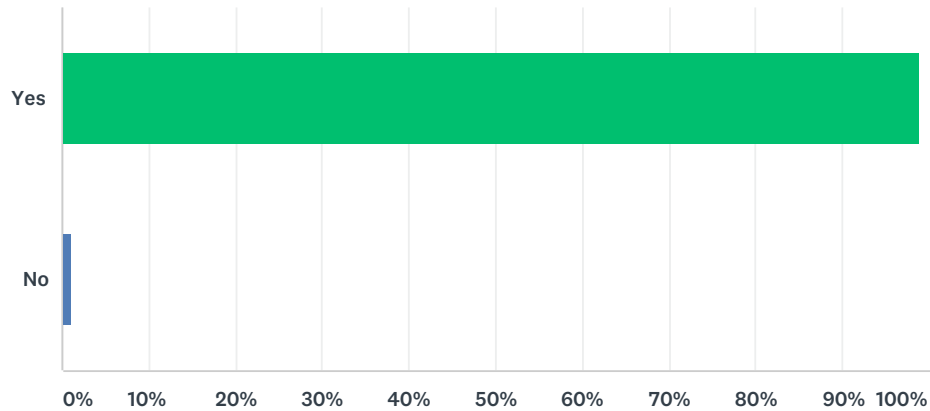
10	Park section was nice, some unexpected hills near the end...	5/22/2019 9:47 PM
11	Loops werent ideal.	5/22/2019 6:35 PM
12	The route was a good mixture of road and scenic views when entering Drumpellier Park	5/22/2019 9:44 AM
13	Probably the safest route for not being a closed road race.	5/22/2019 8:51 AM
14	I've participated in the Monklands half marathon the past two years and have personally found the route quite a tough one. The daisy park 3 times isn't easy, especially when you hit it the last time which is over the 12 mile mark. I almost fainted last year in the heat. Also the incline under the bargeddie bridge is a tough one too. It would be good to know the gradient of the course to compare it to one like Edinburgh, which is much flatter and pretty much all declining gradient.	5/22/2019 8:29 AM
15	I don't really enjoy running loops of courses but understand that locations and restrictions demand that sometimes this is unavoidable	5/22/2019 8:22 AM
16	Not the best of routes	5/22/2019 7:54 AM
17	The section that you do three times gets a bit repetative	5/22/2019 6:36 AM
18	Obviously there were times on the footpaths out with the park where pedestrians and cars did kinda get in the way, but a decent and challenging course. Excellent as part of marathon training schedule	5/21/2019 11:14 PM
19	It was okay, was nice to go around parts of the loch. Doing the same loop twice was a bit soul-destroying though, especially when you're just running past the same houses and building sites.	5/21/2019 10:40 PM
20	Not the most exciting but I actually enjoyed it! The park section is great but otherwise it's like going round the houses. Would still do it again	5/21/2019 10:35 PM
21	Nice flat Course	5/21/2019 9:42 PM
22	I enjoyed the looping aspect!	5/21/2019 9:32 PM
23	Very nice through the park and overall good use of available routes to make up the distance	5/21/2019 9:30 PM
24	Really didn't enjoy doing the loop twice	5/21/2019 9:13 PM
25	Not a fan of laps but understandable for this event and they weren't too bad	5/21/2019 9:03 PM
26	Great wee route, plenty Marshall's keeping you on track	5/21/2019 8:31 PM
27	As above re the start other than that the park itself is a great setting	5/21/2019 8:01 PM
28	Maybe could divert more rather than same 2 loops as may prevent future participation	5/21/2019 7:40 PM
29	It is a shame it doesn't take in more of the park. The finish over the grass is a bit of a challenge	5/21/2019 7:37 PM
30	Loved running round the park etc. Only thing i would change would be the start, even starting it in the car park then on to the main road.	5/21/2019 7:18 PM
31	Great route really enjoyed it and merging with the half runners was good	5/21/2019 7:14 PM
32	Don't like loops and repetitive sections. Also quite hilly with hills near the end when particularly tired	5/21/2019 7:04 PM
33	Very picturesque	5/21/2019 6:57 PM
34	I have did race before and it can be a bit monotonous	5/21/2019 6:31 PM
35	I prefer routes that are not loops.	5/21/2019 6:28 PM
36	2 lappers are not my favorite ;-/	5/21/2019 6:16 PM
37	Potential signs for different routes rather than spray paint on the pavements to avoid wrong turns	5/21/2019 5:52 PM
38	The start was bit of an issue as I find myself running sideways on a hill as there was nowhere else to go. It might have been nice to have done something different on the second loop through the park also.	5/21/2019 5:51 PM
39	Never a fan of a double loop but it wasn't too bad.	5/21/2019 5:45 PM
40	Hilly	5/21/2019 5:36 PM
41	The last 2 miles were boarding and no encouragement.	5/21/2019 5:32 PM

42	It can always be a bit grim running beside live roads, but that was balanced by the section through the park. The mix of hills makes for a nice challenge.	5/21/2019 5:32 PM
43	It was clearly directed what route to taken and plenty of Marshall's to ensure you went the right way.	5/21/2019 5:29 PM
44	A good 5k route however the start line could be improved	5/21/2019 5:28 PM
45	Only negative were some of the trees were not trimmed back and ganging down so struggled to get my 6ft + frame under them. Very small negative	5/21/2019 5:26 PM
46	Don't like running on path when cars can come out of side roads	5/21/2019 5:21 PM
47	I like this route no on this year as I ran with a bunny but enjoyed it even better than last year because of this..☺	5/21/2019 5:19 PM
48	Hate hills even tiny ones!!!	5/21/2019 5:17 PM
49	tough route on the hills, prefer to do a route i dont have to repeat but enjoyed it	5/21/2019 5:17 PM
50	Only because of the start really. Was difficult to get by people as you had to run on the road to pass them.	5/21/2019 4:58 PM
51	I am not phased by the route, as I live and run around the area a lot and have done the race many a time, but I would imagine that it could be challenging for some first-timers. It's still my PB course though!	5/21/2019 4:57 PM
52	Would have been nice to route more through the park than streets	5/21/2019 4:56 PM
53	Difficult running at times alongside busy roads on public footpaths. I would have enjoyed more time in and around the park rather than outside.	5/21/2019 4:54 PM
54	Route was intimate in places, especially through the residential areas! I dont fare well on hills so less hills would be nice!	5/21/2019 4:54 PM
55	This was my first half marathon which used loops to provide the distance. Some of the overhanging branches could do with being cut back particularly along the main road to bargeddie.	5/21/2019 4:52 PM
56	Not a fan of laps.	5/21/2019 4:44 PM
57	Never gets any easier , good challenging royte	5/21/2019 4:44 PM
58	Doing a loop is not so bad. But a loop with 2 slow climb hills can be a bit soul destroying	5/21/2019 4:43 PM
59	Route was well marshalled and marked out	5/21/2019 4:43 PM
60	Who doesn't love hills!	5/21/2019 4:43 PM
61	Some of the road crossing weren't ideal	5/21/2019 4:37 PM
62	For the 5k it would be nicer if we didn't go through the houses but instead spent more time in the park.	5/21/2019 4:32 PM
63	It's a good route, the loop can be a wee bit intimidating, but it's a we'll set out race	5/21/2019 4:30 PM
64	I knew what I was getting as a past participant and not sure what you could, but it is a wee bit beyond undulating - could we go up hill under railway (to 5 / 10 miles) just once instead?	5/21/2019 4:30 PM
65	It would have been better if the low hanging branches on some of the road sections had been trimmed before hand	5/21/2019 4:27 PM
66	I didn't like it. It was too near road, through the park was good but then running through housing estate at end and up hills.	5/21/2019 4:25 PM
67	The park was nice but the some Of the paths were narrow and too close to the road	5/21/2019 4:25 PM
68	First mile was a bit awkward - slower runners at the front and a narrow pavement to run on. Apart from that, great.	5/21/2019 4:24 PM
69	The start was very dangerous for half marathon	5/21/2019 4:20 PM
70	Boring!! Almost 3 loops	5/21/2019 4:17 PM
71	I didn't like running through the neighbourhood streets but apart from that it was a beautiful route	5/21/2019 4:17 PM
72	The start is terrible. First mile or so far too narrow if you are starting midway or towards the back. You have to change that.	5/21/2019 4:15 PM

73	Bit boring but lovely through the park.	5/21/2019 4:14 PM
74	Maybe more of the route in the actual park?	5/21/2019 4:13 PM

Q10 Was the event value for money?

Answered: 200 Skipped: 4



ANSWER CHOICES	RESPONSES	
Yes	99.00%	198
No	1.00%	2
TOTAL		200

#	OTHER (PLEASE SPECIFY)	DATE
1	Very good value. One of my favourite medals this year! <input type="checkbox"/> <input type="checkbox"/> ♀	6/2/2019 1:18 AM
2	Good well organised event	5/28/2019 10:20 PM
3	No goodie bag and most things at end were all gone.	5/28/2019 4:46 PM
4	Very a fordible	5/24/2019 9:52 AM
5	Very good price for what we receive the T-shirt optional is good idea.	5/23/2019 11:08 AM
6	I have entered various half marathons and found the Monklands half marathon to be the best value and have recommended it to others as a result.	5/22/2019 9:44 AM
7	Great value for money	5/22/2019 9:15 AM
8	Excellent value a huge difference compared to massively sponsored events like the great run series	5/22/2019 8:42 AM
9	At £15 it's decent enough but was better with free t-shirt at end.	5/21/2019 10:38 PM
10	There was no goodie bag wi no discount vouchers which we cud have spent in the local area boosting the economy n no free drinks or food that wud encourage us to attend local outlets n again boost the local economy. We did get a banana n sweets if u want but after a half marathon a discount on a lunch, subway, McDonald's etc wud b good.	5/21/2019 10:14 PM
11	Excellent value for money	5/21/2019 9:30 PM
12	Lovely medal from reasonably priced event. Liked that t-shirt was optional extra. Would definitely do event again.	5/21/2019 7:56 PM
13	I didn't pay as I was a volunteer	5/21/2019 6:31 PM
14	The 3 races package is excellent value	5/21/2019 5:36 PM
15	Compared to other events it is fantastic price & organisation was great. Regular bulletin sent out & informed well.	5/21/2019 5:34 PM

16	Yes - it's always good to have a non-t shirt option as frequent runners probably have more t-shirts than they really need.	5/21/2019 5:32 PM
17	Yes great value.	5/21/2019 5:24 PM
18	very good value for money	5/21/2019 5:17 PM
19	Absolutely, £9 is nothing these days	5/21/2019 4:58 PM

Q11 Do you have any other relevant feedback that you wish to share about the event?

Answered: 106 Skipped: 98

#	RESPONSES	DATE
1	Get run would do it again	6/12/2019 6:52 PM
2	I'll be back to run again I'm sure	6/2/2019 1:18 AM
3	Although we had a chip in our race number it was only triggered at the end so no actual run time from crossing start to finish available.	6/1/2019 9:57 AM
4	Plenty post race snacks which was ideal The oranges were just what we needed on a hot day And my kids loved the haribos ;-)	5/26/2019 6:02 PM
5	Enjoyed it	5/24/2019 8:31 PM
6	No	5/24/2019 9:52 AM
7	Well organised fab medal and great marshals	5/23/2019 8:12 PM
8	A huge thank you to all involved in a seamless organisation.	5/23/2019 7:55 PM
9	no	5/23/2019 10:16 AM
10	Love the medal! Great snacks at the end.	5/22/2019 9:47 PM
11	Headphones didnt need to be banned as it was always safe to cross roads due to marshalls	5/22/2019 6:35 PM
12	I'd prefer to receive the t-shirt after the race as I had nowhere to put it so had to wear it.	5/22/2019 3:18 PM
13	I fully acknowledge that the event is geared round the Half Marathon but the 5k did seem to be a bit of an after thought	5/22/2019 1:15 PM
14	No	5/22/2019 10:40 AM
15	The medal provided after the race was really great taking into consideration the price of the event.	5/22/2019 9:44 AM
16	Photos of the 5k finish missing from Facebook.	5/22/2019 9:41 AM
17	It was a great run. Good route well organised and cheap as chips. Thanks to all the staff and volunteers for making it a fab day.	5/22/2019 9:15 AM
18	Prizes for Veteran categories	5/22/2019 8:55 AM
19	Grateful for the bananas etc after	5/22/2019 8:51 AM
20	Brilliant event which I have shared with my club and hopefully will see some more Bella Roadrunners there next year.	5/22/2019 8:42 AM
21	I don't recall seeing any first alders at the finish line. I may be wrong but if so this is important going forward.	5/22/2019 8:29 AM
22	Both my children run their first ever event on the day as well (the 400m dash) and absolutely loved it. Their medal now sits pride of place in the house and they can't wait until the Cumbernauld and Xmas Cracker events to complete their jigsaw puzzles!	5/22/2019 8:22 AM
23	Well organised	5/22/2019 7:54 AM
24	Na	5/22/2019 7:54 AM
25	No	5/22/2019 7:42 AM
26	One of my favourite runs of the year that's my 4th year doing it	5/22/2019 7:34 AM
27	I enjoy courses involving loops and had a first time half marathoner with me, it really helped us achieve our goal pace	5/21/2019 11:14 PM
28	Was overall really good fun, and I'll probably be back next year!	5/21/2019 10:40 PM

29	Apart from above it was well organised and the volunteers done a great job.	5/21/2019 10:38 PM
30	Well organised and love the jigsaw medal. Slight disappointing that the half and 5k have the same medal but great value	5/21/2019 10:35 PM
31	There was no stalls, no face painting no selling of local produce which wud have encouraged more ppl to attend n spend money while waiting on ppl finishing the race. No tea n cake stall n everyone jus started to leave after race. I didn't even know a presentation had taken place until I seen it on fb. The presentation shud have been done at the end once the last runner was home. U shud look at Hamilton 10K that a fun filled family day out xxx	5/21/2019 10:14 PM
32	One of my favourite events. Well done.	5/21/2019 10:01 PM
33	Well organised and great atmosphere. Volunteers were great support. Parking insufficient and Marshall's could have directed us at an earlier point when car park was full so not stuck in traffic then scrambling to find one in nearby housing area. Did arrive in plenty of time	5/21/2019 9:57 PM
34	Fantastic day and a well organised event.	5/21/2019 9:42 PM
35	Make sure there is signage or someone to show you where to go to 5km start if possible more toilets.	5/21/2019 9:37 PM
36	Very well organised event	5/21/2019 9:36 PM
37	I really enjoyed this event and clearly alotmof hard work was put into it. I will definitely look at the other events put on by the organisers	5/21/2019 9:32 PM
38	No	5/21/2019 9:24 PM
39	Wouldn't do this again as a stand alone event and wouldn't have done it this year if it wasn't part of the trilogy. Hate the fact you run the same stretch through the park 3 times. It's sole destroying.	5/21/2019 9:13 PM
40	N/A	5/21/2019 9:03 PM
41	No	5/21/2019 9:00 PM
42	Friendliness of marshals	5/21/2019 8:59 PM
43	well organised and great to have this type of event available locally	5/21/2019 8:49 PM
44	No	5/21/2019 8:34 PM
45	First time I ran that distance in a race, loved it	5/21/2019 8:05 PM
46	The main toilets were out of order which created long waiting	5/21/2019 8:01 PM
47	Nearly all the photos on Facebook are of the half marathon and not 5k.	5/21/2019 7:34 PM
48	Nothing	5/21/2019 7:18 PM
49	Enjoyed the run and would do it again	5/21/2019 7:14 PM
50	fantastic community event	5/21/2019 7:07 PM
51	Last year did the cumbernauld 10k, santa dash & a virtual to get the 3rd piece. Really enjoyed every one of them. Thought they were well organised and great value for money	5/21/2019 6:57 PM
52	Great medals, plenty of water and goodies at the end too	5/21/2019 6:52 PM
53	Turn left point into loch to seperate HM runners and 5k runners caused confusion for lead HM runners.	5/21/2019 6:47 PM
54	Excellent event	5/21/2019 6:40 PM
55	Car park full signs or Marshall at entrance to avoid congestion in the school grounds	5/21/2019 6:27 PM
56	This was a great event, offering excellent value for money.	5/21/2019 6:17 PM
57	me and a few other guys seemed to walk down corridor after corridor to find the toilets.	5/21/2019 6:16 PM
58	Perhaps zone to drop water, felt had to carry and didn't want to litter	5/21/2019 6:15 PM
59	Brilliantly organised and very enjoyable. Good to see a range of kids races as part of the event.	5/21/2019 6:07 PM
60	Great event , lovely route, looking forward to returning next year	5/21/2019 6:02 PM
61	None	5/21/2019 6:02 PM

62	Start area for the half could improve.	5/21/2019 5:54 PM
63	No	5/21/2019 5:52 PM
64	I really enjoy these events. They are well organised considering the value for money offered, just a couple of things to tweak, hopefully constructive. An overall satisfied runner!	5/21/2019 5:51 PM
65	It was my first half marathon I was slow but enjoyed the day thank you for having me	5/21/2019 5:48 PM
66	Enjoyed the run and will be back next year. Well done & thanks to the organisers and everyone involved.	5/21/2019 5:45 PM
67	No	5/21/2019 5:40 PM
68	No	5/21/2019 5:36 PM
69	More of same please	5/21/2019 5:34 PM
70	In honesty, it was a lot better than I expected.	5/21/2019 5:32 PM
71	Ideal time of year as late spring Marathon prep	5/21/2019 5:31 PM
72	Excellent medal and goodie bag	5/21/2019 5:28 PM
73	No	5/21/2019 5:27 PM
74	Event was excellent and I'll sign up again	5/21/2019 5:20 PM
75	Really well organised.	5/21/2019 5:19 PM
76	No	5/21/2019 5:19 PM
77	Just loved it from start too finish..□□□	5/21/2019 5:19 PM
78	Would like proper timing mats at the start of the 5k but realise this is difficult where start is positioned.	5/21/2019 5:17 PM
79	great event, well organised.	5/21/2019 5:17 PM
80	Start the half well before the other races so there are more people at the finishing line watching.Also put on some activities on for kids(not races) and have some running stalls etc.	5/21/2019 5:17 PM
81	Great event be back next year	5/21/2019 5:15 PM
82	Injury prevented me taking part this year however in previous years all the above has been satisfactory or above average	5/21/2019 4:59 PM
83	I got a medal and a bottle of water, but not any sort of goodie bag like I would normally get at a 10k or half.	5/21/2019 4:58 PM
84	I measured the course slightly short on my GPS, but reassuringly a friend of mine measured it spot on. I would be grateful to know if this is something others have commented on. Also, the photos being made available to everyone via Facebook is so good! Not many people are willing to shell out for photos of them running (not surprising seeing how many of us look when running!!!).	5/21/2019 4:57 PM
85	I don't like black tee shirts!	5/21/2019 4:56 PM
86	season ticket made it great value	5/21/2019 4:55 PM
87	The 1st mile was not great due to the busy road and the lack of space. Entry to the park was also really busy with cars especially on the second loop	5/21/2019 4:54 PM
88	Have shared positive feedback on Facebook. Race was excellent, well organised, super medal at the end and loved the post race bananas and water!	5/21/2019 4:54 PM
89	Toilets seemed a lack of, many people waiting to use one. Could have been better signed for.	5/21/2019 4:53 PM
90	A good event, well run, will do it again next year.	5/21/2019 4:52 PM
91	Very enjoyable	5/21/2019 4:45 PM
92	Yes, I am 14 and the results show I was 1st under 18 I think but I never got anything for that.	5/21/2019 4:44 PM
93	Felt this was a good community race with good mix of club runners and other participants	5/21/2019 4:43 PM
94	Great event. Kids loved it too. Keen to come back next year	5/21/2019 4:41 PM
95	Great organised event	5/21/2019 4:37 PM

96	The results should include a V70 category	5/21/2019 4:31 PM
97	I think this race is the best value half marathon around, it's well organised, nicely delivered and is an event I'd recommend to runners of any level.	5/21/2019 4:30 PM
98	Not sure what happened in school about closed toilet, but could have been clearer which of other rooms had available toilets.	5/21/2019 4:30 PM
99	Excellent event superbly organised.	5/21/2019 4:26 PM
100	The starting area was hard to find from registration area, we don't know the area. Asked two Marshalls where the start point was and they couldn't tell me what direction from registration table, ended up using google maps just to get from the registration centre to the start point	5/21/2019 4:25 PM
101	Marshals really were great!	5/21/2019 4:24 PM
102	I witnessed many runners throwing rubbish at the side of the road when there were bins just yards away. Maybe you could give marshalls bin bags to encourage runners not to litter the course and give the event a bad name.	5/21/2019 4:20 PM
103	Nothing it was value for money	5/21/2019 4:19 PM
104	Great medals	5/21/2019 4:19 PM
105	Great event and a big thank you to all the volunteers.	5/21/2019 4:16 PM
106	no	5/21/2019 4:15 PM

Q12 If you could change/improve the event, what would you add/change?

Answered: 104 Skipped: 100

#	RESPONSES	DATE
1	Nothing	6/12/2019 6:52 PM
2	A route without laps would be preferable.	6/2/2019 11:37 AM
3	Not to be a laps for the half marathon? <input type="checkbox"/> <input type="checkbox"/> ♀	6/2/2019 1:18 AM
4	I would like to see half mile markers for the first few miles of the half marathon to help runners get on pace it's a tough first mile I passed lots of runners the first four miles who had gone out too quick	5/28/2019 10:20 PM
5	As my first half marathon I was slightly disappointed I felt there was not a lot of encouragement by organisers and at the start you weren't really told what to do. Or where to go. I finished the run in 2 hours and 22 mins and felt a little let down that there was barley and goodies left at the end! I also felt it was quite a serious run with a lot of very athletic runners. Was the wrong event for me I think for being my first half marathon and felt a little disappointed when I finished instead of feeling accomplished. I attended the Cumbernauld 10k last year for the first time and I just felt compared to that it was not as good of an atmosphere and wasn't as fun.	5/28/2019 4:46 PM
6	Just the double loop but I know it can't be helped	5/26/2019 6:02 PM
7	Some signage outside directing to start of 5k would've been helpful. Signage (above head height so visible) to make it clearer where the half branched off from 5k route - some half runners over shot it & had to double back (not only frustrating for them but dangerous as on narrow footpath alongside road)	5/26/2019 11:07 AM
8	Can't think of anything	5/24/2019 8:31 PM
9	Maybe a different route so no loops	5/23/2019 9:27 PM
10	The route	5/23/2019 8:12 PM
11	Please see comments on route above.	5/23/2019 7:55 PM
12	Instead of a medal give a water bottle with the run name on it as a medal although nice it will lie in a drawer forever more	5/23/2019 11:08 AM
13	n/a	5/23/2019 10:16 AM
14	Add a baggage drop. Wasn't local and came by public transport	5/23/2019 9:12 AM
15	Timing mat at start for greater accuracy.	5/22/2019 9:47 PM
16	Headphones Route without loops	5/22/2019 6:35 PM
17	I would change the start area. Maybe inside the golf club?	5/22/2019 3:21 PM
18	Start the 5k before the half so it doesn't get congested when they amalgamate.	5/22/2019 3:18 PM
19	5k start really needs to be reconsidered.	5/22/2019 1:15 PM
20	No	5/22/2019 10:40 AM
21	The event was a huge success and can't think of anything critical. A great event that I would participate in again.	5/22/2019 9:44 AM
22	Nil	5/22/2019 9:41 AM
23	None	5/22/2019 9:15 AM
24	Nothing	5/22/2019 8:51 AM
25	I appreciate the challenge with routes but if possible to have more time in the park this would always be welcomed	5/22/2019 8:42 AM

26	Personally I would change the 2 loops, rather than coming in the daisy park you continue on the road to Townhead then come down Blair road. That's roughly 5 mile too.	5/22/2019 8:29 AM
27	Keep continuing to promote it as much as possible in local schools to encourage more and more children to take up running and stay fit. Even run a competition to offer free places in the children's events.	5/22/2019 8:22 AM
28	The route could be improved	5/22/2019 7:54 AM
29	Na	5/22/2019 7:54 AM
30	Easier	5/22/2019 7:42 AM
31	Absolutely not	5/22/2019 7:34 AM
32	Collect t-shirt at end of race	5/21/2019 11:49 PM
33	Put the 5k runners out after the half runners as I ended up having to run on the road to avoid the back of the pack near the start and then missed the left hand turn into Drumpellier Park, resulting in me having to turn back when a 5k runner noticed I was running the wrong route.	5/21/2019 11:43 PM
34	Clearer directions to toilets and changing rooms.	5/21/2019 10:40 PM
35	If you could turn the temperature down and put the rain on for a bit for next year that be great. Thanks	5/21/2019 10:38 PM
36	-	5/21/2019 10:35 PM
37	Not so keen on Loops	5/21/2019 10:23 PM
38	More stalls selling more food/drink more entertainment to create more of an atmosphere.	5/21/2019 10:14 PM
39	Genuinely nothing springs to mind.	5/21/2019 10:01 PM
40	More parking	5/21/2019 9:57 PM
41	None	5/21/2019 9:42 PM
42	Now when our gun time start was as nothing that tells you when time starts.	5/21/2019 9:37 PM
43	Few more vet age category prizes would be appreciated	5/21/2019 9:36 PM
44	Earlier start time as it got too warm in the sun	5/21/2019 9:32 PM
45	Nothing the event was great and well organised	5/21/2019 9:30 PM
46	Just somewhere to buy a proper coffee at the start - a coffee van would be a nice addition, plus clearly signing/labelling the changing rooms and toilets once inside, but really no complaints - this was excellent	5/21/2019 9:30 PM
47	Nothing	5/21/2019 9:24 PM
48	Funnily enough the route! No loops!! Closed roads would add to the prestige but not a big issue.	5/21/2019 9:13 PM
49	Unsure	5/21/2019 9:03 PM
50	Nothing really	5/21/2019 9:00 PM
51	Na	5/21/2019 8:59 PM
52	Nil	5/21/2019 8:34 PM
53	Probably just the start area but I understand the constraints!	5/21/2019 8:31 PM
54	Nothing	5/21/2019 8:05 PM
55	Change route so not doing same loop 2.5 times	5/21/2019 7:40 PM
56	Use more of the park. Avoid starting at the narrow pavement.	5/21/2019 7:37 PM
57	Easier way to view event photos	5/21/2019 7:34 PM
58	Just where the start of the 5k is	5/21/2019 7:18 PM
59	Maybe just the start especially it there were more runners	5/21/2019 7:14 PM
60	Start position for the 5k. We almost missed the start as we didn't realise it wasn't where registration was	5/21/2019 6:52 PM

61	Less hills :) :) :	5/21/2019 6:47 PM
62	Nothing would improve the event. Excellent value	5/21/2019 6:40 PM
63	Possibly alter half marathon route	5/21/2019 6:31 PM
64	Nothing	5/21/2019 6:02 PM
65	Signs for the different routes or Marshalls with an arrow.	5/21/2019 5:52 PM
66	I ran with a club runner doing their first half marathon and I felt the finish was quite disappointing. We took longer to get round It was as if the event had sort of packed up and now she felt a little underwhelmed which was a shame since it was a tremendous achievement for her!	5/21/2019 5:51 PM
67	Safer start to the 5k.	5/21/2019 5:38 PM
68	Nothing	5/21/2019 5:36 PM
69	The only suggestion would be to close half the road between the start and Drumpellier Park for the 15 minutes that it would take for the field to get through that section - the verge and footway are a bit narrow for the business at the start, and when you have vehicles behind you, stepping out into the road is a real risk.	5/21/2019 5:32 PM
70	Fewer pavement sections near roads.	5/21/2019 5:31 PM
71	start area for 5k event was quite tight and unable to overtake fellow participants due to be near a road. perhaps if it was organised by estimated time of finish this would be more beneficial to runners.	5/21/2019 5:31 PM
72	Keep the inflatable start/finish sign up so that the slower runners have the same experience crossing the line as the faster runners. It is a good landmark to see as you go round the last corner since you know exactly how far is left.	5/21/2019 5:29 PM
73	The start line and registration - Just to inform people more	5/21/2019 5:28 PM
74	The start was a bit shambolic until someone told us what was going on. It was gridlock on the pavement after the race started and getting over the road at the junction at the gold club caused a bottleneck . These small moans aside I thoroughly enjoyed the run and my thanks to the organisers and volunteers	5/21/2019 5:25 PM
75	The first and last km are not very runner friendly	5/21/2019 5:21 PM
76	Gents toilets were out of service so perhaps some other backup arrangement could be made. Even portable urinals would be great.	5/21/2019 5:20 PM
77	Nothing	5/21/2019 5:19 PM
78	The hills...lol....not a thing I know what too expect on this course an will be back next year trying for my PB..	5/21/2019 5:19 PM
79	more downhills haha, kidded no seriously great event.	5/21/2019 5:17 PM
80	More room at the start - away from the road. I think cars could go at 60mph, which is ok when you're by yourself but not when running in a group and trying to pass people.	5/21/2019 4:58 PM
81	Minor, but even if for the first 5 minutes from the start of the race, could cars going westbound along the road where the driving range is be temporarily stopped? There was not room for everyone to run on the path/grass and a few cars came very close to runners who had no option but to step off kerbs to get past slower runners...	5/21/2019 4:57 PM
82	great to have the option for tshirt or not	5/21/2019 4:55 PM
83	Change the start finish area and avoid open roads where possible	5/21/2019 4:54 PM
84	Flatter course	5/21/2019 4:54 PM
85	Toilet situation. I wasn't aware you could get your time printed out after the race.	5/21/2019 4:53 PM
86	The stretch of the course after the high school but between stretches of pavement is a bit dicey...possibly a brief road closure would be a solution.	5/21/2019 4:52 PM
87	The starting positions.	5/21/2019 4:50 PM
88	Take the bumps out the grass at the start and finish.	5/21/2019 4:49 PM
89	Award juniors	5/21/2019 4:44 PM

90	A change of course so no laps.	5/21/2019 4:44 PM
91	Differnt route if possible avoiding loops	5/21/2019 4:43 PM
92	Maybe have a 10k race	5/21/2019 4:43 PM
93	Nothing	5/21/2019 4:37 PM
94	Wider start area for the 5k; it's a bit narrow on the pavement and not all runners know where they should be in the starting group.	5/21/2019 4:32 PM
95	A V70 category should be added to results and the freebies at the finish should include something sweet and sticky	5/21/2019 4:31 PM
96	Fussy stuff - shorter grass for start and end and somehow more space on road going up to park entrance from start.	5/21/2019 4:30 PM
97	Trimming the branches over the pavements would be a great improvement	5/21/2019 4:27 PM
98	Nothing.	5/21/2019 4:26 PM
99	Close one lane of the road out to Drumpellier Park for the first mile. Flatten out the hills :-)	5/21/2019 4:24 PM
100	See point 11	5/21/2019 4:20 PM
101	Change the start route	5/21/2019 4:20 PM
102	Less hilly lol x	5/21/2019 4:19 PM
103	As above, change the the first mile or so somehow	5/21/2019 4:15 PM
104	Better start area.	5/21/2019 4:08 PM

Q13 What is your name or bib number? (optional)

Answered: 146 Skipped: 58

#	RESPONSES	DATE
1	Caroline Duffin	6/2/2019 1:18 AM
2	Stuart McCue-Dick	6/1/2019 9:57 AM
3	Elizabeth Santos	5/31/2019 4:49 PM
4	David Tennant	5/31/2019 4:13 PM
5	Pat Finnigan	5/28/2019 10:20 PM
6	Emily Scullion	5/28/2019 4:46 PM
7	044	5/27/2019 1:32 PM
8	Sarah Devlin	5/26/2019 6:02 PM
9	Karen McAllister	5/24/2019 10:42 PM
10	Stuart Robertson	5/24/2019 8:31 PM
11	443	5/24/2019 9:52 AM
12	David Findlay	5/23/2019 9:27 PM
13	148	5/23/2019 11:08 AM
14	brian young	5/23/2019 10:16 AM
15	Crawford Watson	5/22/2019 8:55 PM
16	JILLIAN COOPER	5/22/2019 3:21 PM
17	480	5/22/2019 3:18 PM
18	Drew McIntosh	5/22/2019 9:44 AM
19	Julie Thomson	5/22/2019 9:39 AM
20	James Leitch	5/22/2019 9:15 AM
21	Margo Turner	5/22/2019 8:55 AM
22	Adele Paxton 246	5/22/2019 8:51 AM
23	187 - James McGreevy	5/22/2019 8:42 AM
24	Colin Sharp	5/22/2019 8:22 AM
25	Pamela Parker	5/22/2019 7:54 AM
26	Derek Millar	5/22/2019 7:54 AM
27	Stephen Gilmore	5/22/2019 7:34 AM
28	Eisin mcdonald	5/22/2019 6:36 AM
29	Cheryl McNulty	5/21/2019 11:49 PM
30	160	5/21/2019 11:14 PM
31	007	5/21/2019 10:38 PM
32	ANGELA STEWART 284	5/21/2019 10:35 PM
33	Gillian Rae	5/21/2019 10:32 PM
34	131	5/21/2019 10:30 PM
35	John nelson 238	5/21/2019 10:23 PM

36	Sharon Armstrong	5/21/2019 10:05 PM
37	Margaret Wilson	5/21/2019 10:01 PM
38	Lisa O'Neill	5/21/2019 9:57 PM
39	Thomas Cloherty	5/21/2019 9:42 PM
40	Fiona Behan	5/21/2019 9:37 PM
41	Gayle samson	5/21/2019 9:32 PM
42	11	5/21/2019 9:30 PM
43	Nina Tomlin	5/21/2019 9:30 PM
44	320	5/21/2019 9:24 PM
45	15	5/21/2019 9:17 PM
46	Andy Bushell	5/21/2019 9:13 PM
47	166	5/21/2019 9:03 PM
48	Paul Burns	5/21/2019 9:00 PM
49	Eileen Grant	5/21/2019 8:59 PM
50	Karen Allen 004	5/21/2019 8:49 PM
51	mark porter	5/21/2019 8:48 PM
52	117	5/21/2019 8:37 PM
53	Kevin McPhillips	5/21/2019 8:31 PM
54	Steven Lauder	5/21/2019 8:05 PM
55	Sharon Menzies	5/21/2019 7:56 PM
56	Scott Kelman	5/21/2019 7:40 PM
57	Jennifer Hosie	5/21/2019 7:37 PM
58	401	5/21/2019 7:18 PM
59	Chris Hever	5/21/2019 7:14 PM
60	139	5/21/2019 7:07 PM
61	Gordon McInally	5/21/2019 7:04 PM
62	Francis SANTOS	5/21/2019 6:57 PM
63	James Connell	5/21/2019 6:57 PM
64	Evelyn Comrie	5/21/2019 6:57 PM
65	Tracey Maclean	5/21/2019 6:52 PM
66	Lesley Walker	5/21/2019 6:42 PM
67	Al Aitken (002)	5/21/2019 6:40 PM
68	Thomas sneddon	5/21/2019 6:31 PM
69	209	5/21/2019 6:28 PM
70	Marianne Bowie	5/21/2019 6:17 PM
71	paul young	5/21/2019 6:16 PM
72	Janine Porter	5/21/2019 6:07 PM
73	Jennifer Turner	5/21/2019 6:02 PM
74	Celia Thompson no 499	5/21/2019 6:02 PM
75	Gerry Boyle	5/21/2019 5:59 PM
76	Lorraine T	5/21/2019 5:54 PM

77	Greg Longmire Bib: 415	5/21/2019 5:52 PM
78	Iain welford	5/21/2019 5:51 PM
79	June hughes	5/21/2019 5:48 PM
80	Lisa Rossi	5/21/2019 5:45 PM
81	Robert Brand	5/21/2019 5:41 PM
82	Adele faskin	5/21/2019 5:40 PM
83	Christine mcmenemy	5/21/2019 5:36 PM
84	Emma Main	5/21/2019 5:34 PM
85	Scott marley	5/21/2019 5:32 PM
86	Raymond Quinn	5/21/2019 5:32 PM
87	Brian Morris 222	5/21/2019 5:31 PM
88	Alison Simpson	5/21/2019 5:31 PM
89	310	5/21/2019 5:29 PM
90	Anne-Marie Goldie	5/21/2019 5:28 PM
91	John Winton	5/21/2019 5:26 PM
92	413	5/21/2019 5:25 PM
93	John Hegarty	5/21/2019 5:24 PM
94	Graeme Shaw	5/21/2019 5:20 PM
95	Mark Gallacher	5/21/2019 5:19 PM
96	Finola Ashe	5/21/2019 5:19 PM
97	Liz deans	5/21/2019 5:19 PM
98	Vicki Stein	5/21/2019 5:17 PM
99	Katie MacKinnon	5/21/2019 5:17 PM
100	115	5/21/2019 5:17 PM
101	Mr Stewart Neilands	5/21/2019 5:16 PM
102	272/Viki Smith	5/21/2019 5:15 PM
103	Pauline doherty	5/21/2019 5:07 PM
104	Jenny Callan - bib 344, I think	5/21/2019 4:58 PM
105	Roy Foot (Bib 97 I think)	5/21/2019 4:57 PM
106	S Smith	5/21/2019 4:56 PM
107	ross macphee	5/21/2019 4:55 PM
108	093	5/21/2019 4:54 PM
109	Scott Somerville	5/21/2019 4:53 PM
110	227	5/21/2019 4:53 PM
111	Colin Sutherland	5/21/2019 4:52 PM
112	Andrea Seabrook	5/21/2019 4:50 PM
113	351	5/21/2019 4:50 PM
114	?? Can't remember, sorry!	5/21/2019 4:49 PM
115	078	5/21/2019 4:49 PM
116	Russell Couper	5/21/2019 4:49 PM
117	Stephen Taylor	5/21/2019 4:48 PM

118	Margaret Peebles	5/21/2019 4:45 PM
119	Stephanie Amies	5/21/2019 4:45 PM
120	William Scalley	5/21/2019 4:44 PM
121	Ted mcpike	5/21/2019 4:44 PM
122	Darran Muir	5/21/2019 4:43 PM
123	193	5/21/2019 4:43 PM
124	Stuart Milligan	5/21/2019 4:41 PM
125	Gayle Morrison	5/21/2019 4:37 PM
126	211	5/21/2019 4:37 PM
127	Alan Strang	5/21/2019 4:32 PM
128	18	5/21/2019 4:31 PM
129	John Bloomer (Bib 17)	5/21/2019 4:30 PM
130	Dougie Gowan	5/21/2019 4:30 PM
131	180	5/21/2019 4:27 PM
132	Neil Mitchell	5/21/2019 4:26 PM
133	Jennifer rymel	5/21/2019 4:25 PM
134	Alan Potter	5/21/2019 4:24 PM
135	Rob Gawin	5/21/2019 4:20 PM
136	036 Tracy Butler	5/21/2019 4:19 PM
137	404	5/21/2019 4:19 PM
138	Scott Angus	5/21/2019 4:19 PM
139	Kirsty Renwick	5/21/2019 4:17 PM
140	Callum Symington/BIB number:494	5/21/2019 4:17 PM
141	Cara Thomson	5/21/2019 4:17 PM
142	Gemma Kirwan	5/21/2019 4:16 PM
143	Paul Mullen	5/21/2019 4:14 PM
144	406	5/21/2019 4:14 PM
145	Jamie Mullett	5/21/2019 4:13 PM
146	Lee Madigan	5/21/2019 4:08 PM